



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH BASKETBALL LEAGUE



FEBRUARY—APRIL

## Join the best basketball program in the community

After all, The Y invented basketball! James Naismith, a teacher at the international YMCA training school, invented basketball in 1891. He was challenged to create a game that could be played indoors during the cold winter months. By hanging simple peach baskets and using a soccer ball, Naismith created the game of basketball and wrote the first 13 rules of the game.

**Program benefits** Youth Basketball encourages and promotes healthy kids, families and communities by prioritizing family involvement, wholesome competition and the value of participation - not just winning. Kids and teens learn team-building skills, a sense of fair play and mutual respect for others, while also growing as individuals and developing a positive self-image. Youth Basketball is held during the spring, summer, and fall months for youths ages 5 - 16.

**Volunteer opportunities** We encourage parents to get involved by contributing time as volunteer coaches as well as being their kid's greatest fan! Visit the web-site to fill out an application today! Coaches orientation will be on Saturday, February 1, 2019 from 12:00-1:00pm.

### Important Dates:

<b>Evaluation Day</b>	Ages 5-6	Feb. 1	Ages 7+	Feb. 2 (details on page 2)
<b>Placement Day</b>	Ages 5-6	Feb. 8	Ages 7+	Feb. 9 (details on page 2)
<b>Practice Begins</b>	The week of Feb. 12 (practice times announced on placement day)			
<b>First Game</b>	Saturday, February 16			
<b>Picture Day</b>	Saturday, March 16			
<b>Trophy deadline</b>	Saturday, March 16			
<b>Last game</b>	Saturday, April 20			

For more information, contact (818) 240-4130

YMCA of Glendale 140 N. Louise Street, Glendale, CA 91206



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## Evaluation Schedule

Class	Age At start of season	Day	Time
Rookie League	3.5-4	No evaluations Friday, Feb. 15	No evaluations
Frosh	5-6	Friday, Feb. 1	6:15-7:15 PM
Soph	7-9	Saturday, Feb. 2 All players must attend	10 AM—11 AM
JV	10-13		11 AM—12 PM
Varsity	14-16		12 PM—1 PM

### Practice Schedule

### Game Schedule

Practices begin February 12, 2019 and are once a week

The coach will choose the practice day and time.

Please ask about scheduling before registering for the program.

First game: February 16th Last Game: April 20th

Picture Day will be on Saturday, March 16th

**5 minute grace period for start times.**

Class	Day	Time
ROOKIE	Fri	5:30-6:15 PM
FROSH	Fri.	6:15-7:15 PM
SOPH	Tue. Or Thu.	6-7 or 7-8 PM
JV	Tue. Or Thu.	6-7 or 7-8 PM
VARSAITY	Tue. Or Thu.	7-8 or 8-9 PM

Class	Day	Time
FROSH	Saturday	9:00—10:00 AM
SOPH	Saturday	10:00—11:00 AM
JV	Saturday	11:00 AM—12:00 PM
VARSAITY	Saturday	12:30 PM—1:30 PM 1:30-PM 2:30 PM

Membership Type	League Fee
Family Members	ROOKIE FREE!
	FROSH-VARSITY \$120
YMCA Members	ROOKIE \$85
	FROSH-VARSITY \$140
Program Members	ROOKIE \$110
	FROSH-VARSITY \$210

Additional Fees	
Uniform (Required for all new players.)	Jersey \$20.00 +Tax Shorts \$10.00 +Tax
Trophy (Optional)	\$15.00 +Tax
Individual Pictures	Free! Package pricing available

### Reminders:

**Trophy order deadline is Saturday, March 16. Last minute trophy orders cannot be accommodated.**