

Glendale YMCA



Family Plus Schedule

All programs free with family membership

Monday	Tuesday	Wednesday	Thursday	Saturday
				9:00-10:00AM BALLET AGES 3-5
home work club 4:30-500		home work club 4:30-5:00		
5:30 -6:30 Youth Yoga	FUN AND FIT 4:30-6:00 PM AGES 7-11	5:00-6:00 Arts and Crafts	FUN AND FIT 4:30-6:30PM AGES 7-11 Aileen	10:00-11:00AM HIP HOP
Youth and Adult Karate 5:00pm Acivity Room	Arts and Crafts 6:00-7:00PM	Youth Karate 5:30-6:30PM Activity room	Model UN 5:30-7:00	10:00-11:00AM PARENT TOT
				Youth Karate 10:00-12:00pm youth center
FUN AND FIT 6:30-7:30 PM AGES 7-11 Aileen	7:00-8:00 CHEERLEADING 6TH,7TH &8TH GRADERS Paula	LA KINGS BALL HOCKEY 6:30-7:30PM	6:30-7:30 ARTS AND CRAFTS W/Aileen	

Ages 6-12